'Yes, but how?'

'If you love me, keep my commands. And I will ask the Father, and he will give you another helper to help you and be with you for ever—the Spirit of truth. The world cannot accept him, because it neither sees him nor knows him. But you know him, for he lives with you and will be in you.'

John 14:15-17

'Whoever believes in me, as Scripture has said, rivers of living water will flow from within them.' By this he meant the Spirit, whom those who believed in him were later to receive. Up to that time the Spirit had not been given, since Jesus had not yet been glorified.

John 14:2

Then the Lord God formed a man from the dust of the ground and breathed into his nostrils the breath of life, and the man became a living being.

John 14:23

'If you love me, keep my commands. And I will ask the Father, and he will give you another helper to help you and be with you for ever—the Spirit of truth. The world cannot accept him, because it neither sees him nor knows him. But you know him, for he lives with you and will be in you.'

John 14:15-17