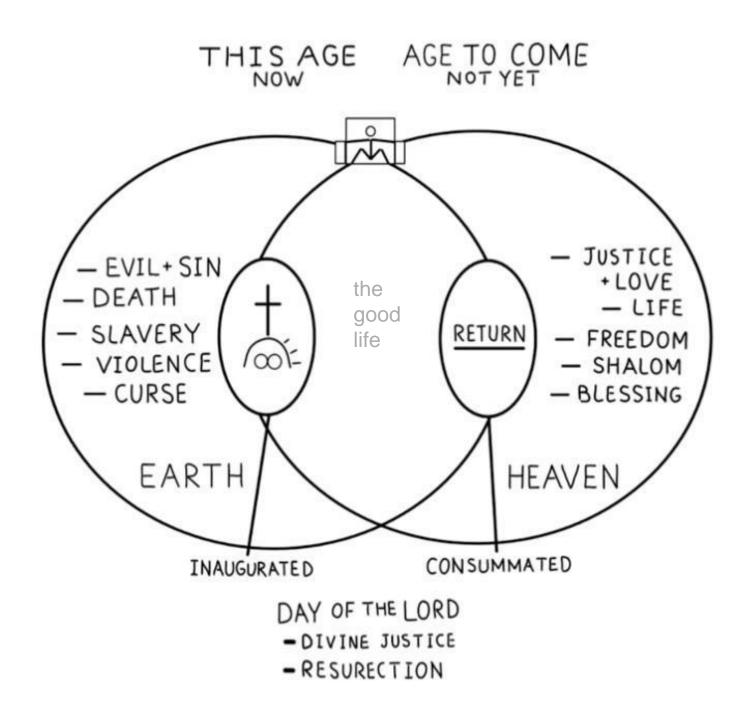
The good life is found in being self-sufficient The good life is found in feeling good The good life is found in being self-confident

The good life is found in not caring too much The good life is found in avenging wrongs The good life is found in self-gratification

The good life is found in divide and rule The good life is found in being popular The good life is found in people speaking well of you

- 1) the Beatitudes Matthew 5.1-12
- 2) salt and light Matthew 5.13-17
- 3) fulfilling the spirit of the torah (1) Matthew 5.17-32 (imagination)
- 4) fulfilling the spirit of the torah (2) Matthew 5. 33-42 (turn the other cheek)
- 5) love for enemies Matthew 5.43-48
- 6) giving, praying and fasting in secret Matthew 6.1-16
- 7) treasures in heaven, do not worry Matthew 6.19-34
- 8) judging others Matthew 7. 1-6
- 9) perseverance in prayer Matthew 7. 7-12
- 10) two kinds of ways, disciples, prophets, houses Matthew 7.13-29



The good life is found by the poor in spirit, for theirs is the kingdom of the heavens. The good life is found by those who grieve, for they will be comforted. The good life is found by the humble, for they will inherit the earth.

The good life is found by those who hunger and thirst for righteousness, for they will be filled. The good life is found by the merciful, for they will be shown mercy.

The good life is found by the pure in heart,

for they will see God.

The good life is found by the peacemakers,

for they will be called children of God. The good life is found by those who are persecuted because of righteousness, for theirs is the kingdom of the heavens.

The good life is found by you when people insult you, persecute you and falsely say all kinds of evil against you because of me. Rejoice and be glad, because you have accessed the kingdom of the heavens, (you are in the prophetic community anticipating the new creation), for in the same way they persecuted the prophets who were before you.

## Salt and Light

**13** "You are the salt of the earth. But if the salt loses its saltiness, how can it be made salty again? It is no longer good for anything, except to be thrown out and trampled underfoot.

14 "You are the light of the world. A town built on a hill cannot be hidden.15 Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house.16 In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.