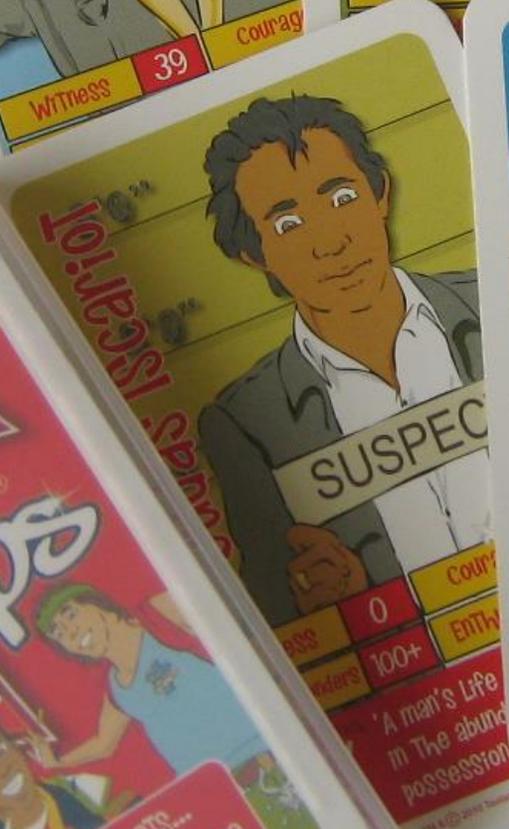
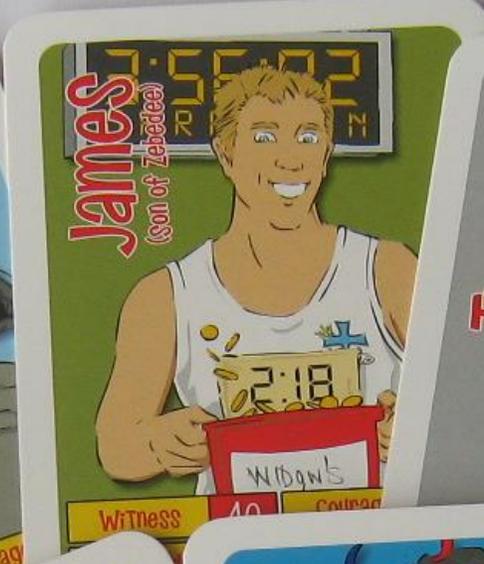


Paul



Saul's Conversion (Acts Ch9 v1-19)

- ¹Meanwhile, Saul was uttering threats with every breath and was eager to kill the Lord's followers.^[a] So he went to the high priest. ²He requested letters addressed to the synagogues in Damascus, asking for their cooperation in the arrest of any followers of the Way he found there. He wanted to bring them—both men and women—back to Jerusalem in chains.
- ³As he was approaching Damascus on this mission, a light from heaven suddenly shone down around him. ⁴He fell to the ground and heard a voice saying to him, "Saul! Saul! Why are you persecuting me?"
- ⁵"Who are you, lord?" Saul asked. and the voice replied, "I am Jesus, the one you are persecuting! ⁶Now get up and go into the city, and you will be told what you must do."
- ⁷The men with Saul stood speechless, for they heard the sound of someone's voice but saw no one! ⁸Saul picked himself up off the ground, but when he opened his eyes he was blind. So his companions led him by the hand to Damascus. ⁹He remained there blind for three days and did not eat or drink.
- ¹⁰Now there was a believer^[b] in Damascus named Ananias. The Lord spoke to him in a vision, calling, "Ananias!" "Yes, Lord!" he replied.
- ¹¹The Lord said, "Go over to Straight Street, to the house of Judas. When you get there, ask for a man from Tarsus named Saul. He is praying to me right now. ¹²I have shown him a vision of a man named Ananias coming in and laying hands on him so he can see again."
- ¹³"But Lord," exclaimed Ananias, "I've heard many people talk about the terrible things this man has done to the believers in Jerusalem! ¹⁴And he is authorized by the leading priests to arrest everyone who calls upon your name."
- ¹⁵But the Lord said, "Go, for Saul is my chosen instrument to take my message to the Gentiles and to kings, as well as to the people of Israel. ¹⁶And I will show him how much he must suffer for my name's sake."
- ¹⁷So Ananias went and found Saul. He laid his hands on him and said, "Brother Saul, the Lord Jesus, who appeared to you on the road, has sent me so that you might regain your sight and be filled with the Holy Spirit."¹⁸ Instantly something like scales fell from Saul's eyes, and he regained his sight. Then he got up and was baptized.¹⁹ Afterward he ate some food and regained his strength.



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First reliable clinical trial of a high street anti-ageing product shows No7 Protect and Perfect reduces wrinkles

Ian Sample, science correspondent

Tue 28 Apr 2009 19.01 BST



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▲ A satisfied customer poses for the media after a BBC Horizon programme last year suggested Boots No7 Protect & Perfect might work. Photograph: Jane Mingay/PA