



LET'S

ALL

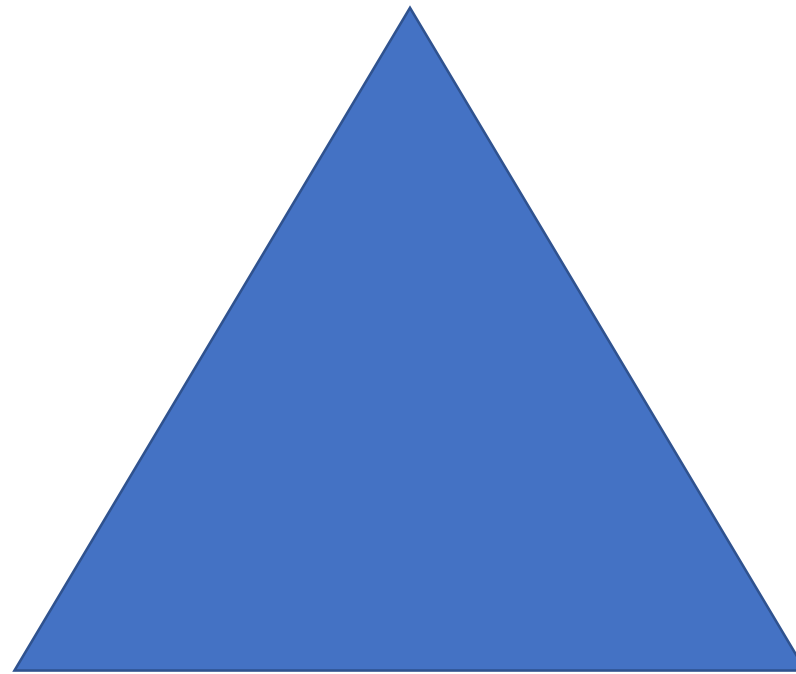
GO

SIT

DASTU
MAR
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FITNESS

Golden Triangle of our Transformation

Prayer (the Holy Spirit)



Progress
(reframing trials)

(intention habit (new) normal)

Practices
(new) normal



Romans 12. 1-2

Therefore, in view of God's mercy, offer your bodies as living sacrifices. This is your spiritual act of worship.

(PRACTICES)

Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is, His good, pleasing and perfect will.

(PROGRESS)

Transformation is from the same root Greek word as 'metamorphosis'.

What is the father doing?

‘My father is at work to this very day, and I too am working’. John 5.17

Romans 5

Not only so, but we also glory in our sufferings, because we know that suffering produces perseverance, perseverance character and character hope. And hope does not disappoint us or put us to shame, because God has poured out His love into our hearts by the Holy Spirit who He has given us.

James 1

Consider it pure joy whenever you face trials of many kinds, because you know that the testing of your faith produces perseverance. Let perseverance finish its work so that you may be mature and complete not lacking anything.

1 Peter

In all this you greatly rejoice, though now for a little while you may have had to suffer in all kinds of trials. These have come so that your faith – which is of greater worth than gold – may be proved genuine and result in praise, glory and honour when Jesus Christ is revealed... you believe in Him and are receiving the end result of your faith, the salvation of your souls.

Shaun T: don't avoid the work, feel the work

