



THE PRACTICES OF JESUS

**“... You have put off the old self with its HABITS, and have put on the new self ... which God is continually renewing in his own image, to bring you to a full knowledge of himself.”**

**Colossians 3:9-10**

## **How do we be with Jesus?**

Our primary goal as followers of Jesus is learning to live in a constant state of connection to the Spirit. This is how we are able to be with Jesus, our Rabbi.

We must invite him into every moment and learn to always be in two places at once—at home and with Jesus, at work and with Jesus, on your commute and with Jesus. Bring his presence into the routine of your daily life. But how do we accomplish that in the chaos of the urban, digital world?

It's pretty straightforward: to experience the life of Jesus, we must adopt the lifestyle of Jesus.

## Abstinence

- Silence & Solitude
  - Fasting
  - Simple Living

- Sabbath

- Generosity

## Alone

## Community

- Secrecy
- Prayer
- Bible Reading

- Justice
  - Lord's Supper
- Eating regularly with others

## Engagement

- Church

*by John-Mark Comer 2017*



